

SUPREME COURT OF VIRGINIA  
REGIONAL MAGISTRATE SUPERVISORS

**Region 1:** Garland Frye  
Phone - (540)381-1753  
E-mail - [GFrye@vacourts.gov](mailto:GFrye@vacourts.gov)

**Region 2:** Don McCown  
Phone - (540)886-0490  
E-mail - [DMcCown@vacourts.gov](mailto:DMcCown@vacourts.gov)

**Region 3:** Shawn Barnes  
Phone - (804)768-7672  
E-mail - [SBarnes@vacourts.gov](mailto:SBarnes@vacourts.gov)

**Region 4:** Cheryl Thompson  
Phone - (540)727-3230  
E-mail - [CAThompson@vacourts.gov](mailto:CAThompson@vacourts.gov)

**Region 5:** Robert Hellyer  
Phone - (703)228-3960  
E-mail - [RHellyer@vacourts.gov](mailto:RHellyer@vacourts.gov)

**Region 6:** Vacant

**Region 7:** Thomas Cahill  
Phone - (757)823-1760  
E-mail - [Tcahill@vacourts.gov](mailto:Tcahill@vacourts.gov)

**Region 8:** Fred Jackson  
Phone - (757)382-8176  
E-mail - [FJackson@vacourts.gov](mailto:FJackson@vacourts.gov)